



CATHOLIC COACHING EDUCATION PROGRAM

Coaches as “Facilitators of Faith”

Athletics provide our youth a positive environment in which to grow physically, emotionally, socially, and spiritually. The responsibility of fostering an environment in which athletes can mature in these areas often rests with the coach. Coaches are presented a unique opportunity to use the playing field as a mission field—to be a “Facilitator of Faith” in developing and furthering athletes’ Christian character and values.

NCCYS Coaches Education Program

To help provide coaches with competencies necessary to be up to the task, the National Center for Catholic Youth Sports (NCCYS) has partnered with the American Sport Education Program (ASEP) to provide online training and certification for all Catholic youth sport program coaches. The NCCYS Coaches Education Program courses will be available beginning January 2007.

ASEP is the leading provider of youth, high school, and elite-level sport education programs in the United States.

As the exclusive coaching education provider to NCCYS, ASEP is designing customized online coaching courses incorporating faith-based content developed by NCCYS. The courses carry the endorsement of NCCYS, and we strongly urge our coaches to participate. The courses include:



Catholic Coaching Essentials

Catholic Coaching Essentials is a sport-neutral course centering on general coaching principles, sport first aid, and team management. At its core is the coach’s role as youth minister, who can use sports as a venue to teach Gospel values, instill Christian character, and build community.

Catholic Coaching Essentials course units include:

- Coaching as a Catholic youth ministry
- Communication
- Safety and fitness
- Teaching and shaping skills
- Coaching on competition day
- Developing season and practice plans

Catholic Coaching Essentials is priced at \$19.95 per coach. To be certified as a level one NCCYS coach, it is required that coaches complete *Catholic Coaching Essentials* prior to taking the sport-specific course(s). This NCCYS level one certification is valid for three years.

PREREGISTER NOW FOR

Catholic Coaching Essentials and *Catholic Coaching [Sport] Essentials* online courses at

WWW.NCCYS.ORG

Build Christian
Character Through
Sports

Coaches as
Youth Ministers





Catholic Coaching [Sport] Essentials

This series of online sport-specific courses, priced at \$9.95 each, focus on how coaches teach the offensive and defensive skills and tactics of individual sports. These courses include:

- *Catholic Coaching Baseball Essentials*
- *Catholic Coaching Basketball Essentials*
- *Catholic Coaching Flag Football Essentials*
- *Catholic Coaching Tackle Football Essentials*
- *Catholic Coaching Soccer Essentials*
- *Catholic Coaching Softball Essentials*
- *Catholic Coaching Tennis Essentials*
- *Catholic Coaching Volleyball Essentials*
- *Catholic Coaching Wrestling Essentials*

Benefits of the NCCYS Coaches Education Program

Convenience—Coaches get training when and where it's convenient for them. They work at their own pace and can come back to the course as many times as they wish.

Consistency—Online courses deliver high-quality content to all coaches consistently; each coach gets the same learning experience.

How to Preregister for Online Courses

The courses will be available January 2007 through a customized NCCYS page on the ASEP website. Preregister for the online courses is easy. Direct your coaches to follow these simple steps:

1. Visit www.NCCYS.org;
2. Click on the NCCYS Coaches Education Program link on the home page;
3. Click on the icon in the table at the bottom of the page that corresponds with the course of your choosing;
4. Click "Contact me when available" link
5. Enter email address

Interactivity—The online courses feature PDF downloads, audio clips, animation, interactive activities, unit quizzes, and a 30-question test. All work together to offer an engaging learning experience.

Practical tools—The "Coaches Clipboard" feature contains the online text, assessment tools, checklists, sample practice plans, and drill sheets introduced in the course. Coaches can download these documents as they take the course and have access to them through the clipboard well after they complete the course (up to a year).

Automated scoring and reporting—The 30-question test is scored automatically. For any missed questions, coaches are told where to find the correct answers. If a coach fails the test, he or she may retake it at no charge. Coaches who pass can print a certificate directly from the website. Coaches can also e-mail their course transcript to their league administrator for documentation of course completion.

Coaches are automatically listed in the National Coaches Registry found on the ASEP website. Through the NCR, coaches can look up personal certification records, while league administrators can track coaches' certifications through a secure area of the website.

After-course resources—Coaches have access to their course(s) for one year. They can go back—even after they've taken the test—to review course activities, read or print excerpts, or print off drill sheets, practice plan forms, or other documents found on the Coaches Clipboard.

Three-year certification—Coaches achieve Level One Certification by completing *Catholic Coaching Essentials* and the sport-specific course for the sport he or she coaches. Level One Certification is valid for three years, at which time NCCYS coaches will need to complete a to-be-developed course to maintain certification.

Get Started!

If you have any questions regarding the implementation of the NCCYS Coaches Education Program in your sport programs, please contact Lori Brown, ASEP sales consultant, at 800-747-5698, ext. 2299 or email LoriB@hkusa.com.

